



San Dieguito Synchro presents:

SYNCHRO DE MAYO

A day to learn, experience, and celebrate everything synchronized swimming with lessons and demos by our nationally ranked San Dieguito Synchro swimmers.

Two dates and locations to give synchronized swimming a try for FREE:

May 4th 5:30 - 7 pm at Alga Norte Pool in Carlsbad

6565 Alicante Road • Carlsbad, CA 92009

May 14th 9:30 - 11 am at Mt. Carmel High School

9550 Carmel Mountain Road • San Diego, CA 92129

**Ages 6 and up are welcome, must be able to swim 50 yards of freestyle
Don't forget your swim suit, towel, & goggles**

To sign up please email Coach Danielle at sdsynchro@gmail.com

**San Dieguito Synchro is a year round synchronized swim team offering
both recreational and competitive programs.**

For more information about San Dieguito Synchro, visit our website at www.sdsynchro.org

