

San Dieguito Synchro presents:

2019 Synchronized Swimming Summer Camp

If you like dancing, enjoy music and love to swim, then synchronized swimming is for you! Campers will learn synchronized swimming techniques and perform a fun routine taught by San Dieguito Synchro's nationally ranked swimmers and coaches.

July 29th - August 2nd

9:30 - 11:30 am at Cathedral Catholic High School

5555 Del Mar Heights Road • San Diego, CA 92130

Camp is for swimmers 6 years and older who want to experience the beautiful sport of synchronized swimming. Proficiency in freestyle, breaststroke, backstroke, and deep water swimming is required.

Younger swimmers will be considered for camp with instructor approval.

Please wear a one piece swimsuit and bring sunscreen, water bottle, and towel.

The camp fee is \$175 per session

All swimmers will receive a noseclip and synchro swim cap!

How do I enroll my child?

Mail your completed registration form (download from sdynchro.org) and payment to:

San Dieguito Synchro

555 Long Crest Drive • Oceanside, CA 92058

Questions?

Email Coach Danielle at sdsynchro@gmail.com or call 858.531.1085



For more information about San Dieguito Synchro and our exciting year round programs, visit our website at www.SDSynchro.org